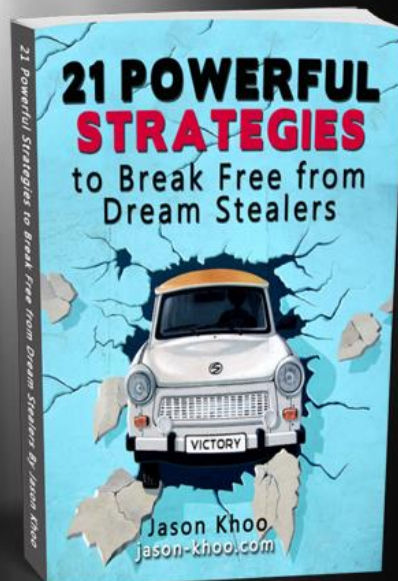


21 Powerful **Strategies** to Break Free from Dream Stealers



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"Great read! As a business owner myself, I most certainly can relate to your initial struggle to get your business off the ground. These laser focused strategies are sound, practical and more importantly implementable. Excellent for anyone working hard on achieving their dreams or even tasks at hand."

by Zachery Lin

"Jason has written a must-read primer for anyone considering Break Free from Dream Stealer...Read this book - and learn from one of the best."

by James Bong

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If you love the strategies I share with you in this book, I'll sincerely appreciate you dropping me an email with your awesome testimonials here:

jason-khoo@jason-khoo.com

Who knows, your heartfelt testimonial might just be featured on this very page in the next edition of this eBook!

I thank you in advance for helping future readers understand why the strategies contained within these pages are so powerful...

.. and why they MUST read every single page and apply all the strategies taught so they can fulfill their dreams.

Thank you from the bottom of my heart =)

Jason Khoo

21 Powerful strategies to Break Free from Dream Stealers

www.jason-khoo.com

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Story of the Invisible bridge – The First Step of Faith



It was the end of the day, and I had just completed my training. The training room was located at the top floor of the building, about five story high. As I walked out of the training room with my ex-colleague, Iris, I asked her:

“How do we get out of this building?”

She pointed to an opening along the parapet. I walked towards it and discovered that there was nothing beyond the opening.



I could see the ground floor when I looked out of the opening. I paused for a moment and told Iris that I had decided to take the stairs to get out of the building. After

saying goodbye to her, I walked down the stairs to the ground floor. When I reached the ground floor, I realized that there was no door!

I am trapped!



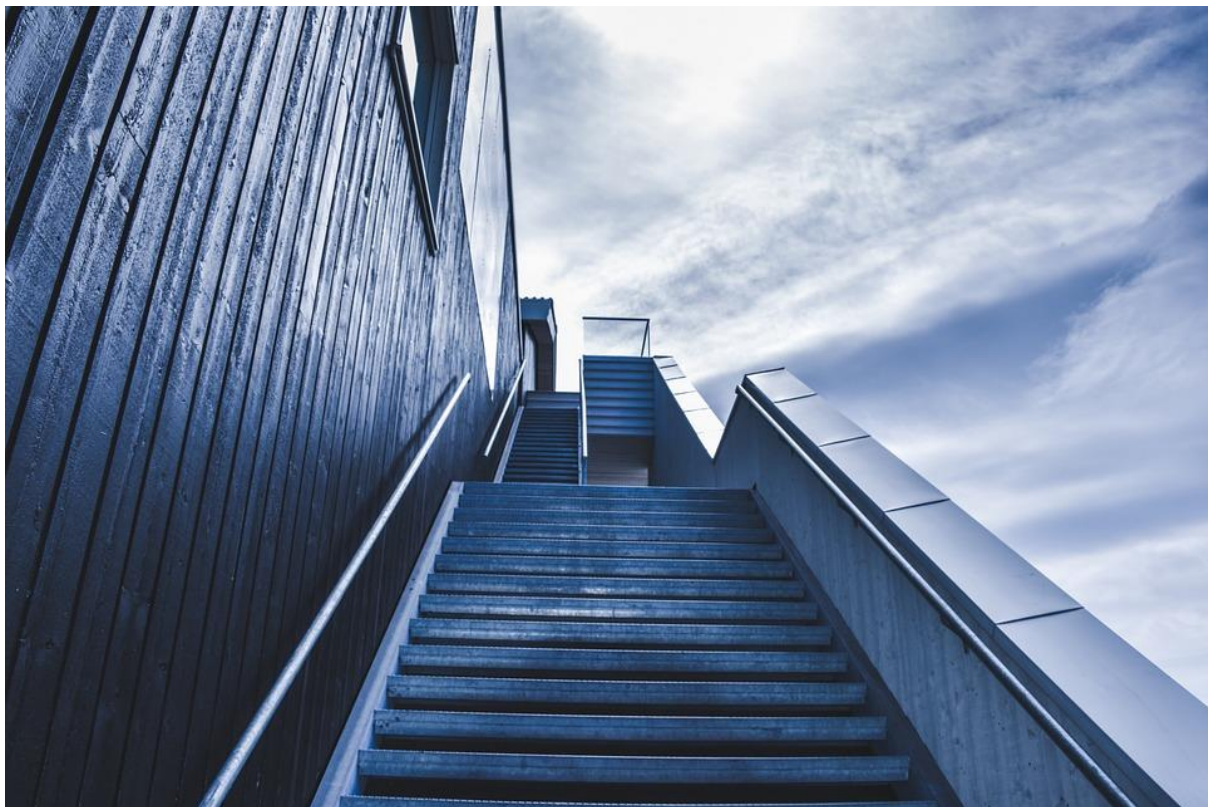
Startled, I awoke from my dream and told my wife Ruth about it. It was a strange but vivid dream. Was it a dream, did it mean something? We just couldn't get our head around it.

Not long after having the dream, I started to apply for a new job in pursuit of a better future. A staff from an executive search, Michael Page contacted me for an interview. And not long after that, I was hired! The company, Virgin Mobile Singapore was vibrant, the workplace was bubbling with life, and my colleagues were awesome! Ruth and I thought, maybe this was what the dream was about, getting a job

through the non-conventional way, an executive search firm instead of a direct job application.

I thought that was the happy ending of the story. But I was wrong.

That joy was short-lived. In less than a year after joining the company, I received news that the company was closing down. All the staff were retrenched. The company tried to help us find jobs, and I managed to get a job offer at MapleTree, but was unwilling to accept the offer as the salary was much lower than Virgin Mobile's . At about the same time, I had another dream...



Just like the first dream, I came out of the training room. In fact, it was the same training room in the first dream I had. This time around, I was alone.

Guess what!

In the dream, I actually remembered about the first dream and how I took the stairs and couldn't find my way **OUT**! So I told myself in the dream to step out of the opening along the parapet.



As I did, it turned out to be an INVISIBLE BRIDGE! Almost instantly, I was out of the building and found myself at the bus stop. And Iris was waiting for her bus at the bus stop. This must be **A VISION.**

If not, how would I be able to remember the first dream in the second dream?

Ruth believed that it must be from God and He was telling me to venture out on my own to start my own business as I had always wanted. Instead of getting

myself into the RAT RACE again and with a lower pay, I took her advice and set up my consultancy firm, **SynergyWorks**, providing services on Financial Modelling using Microsoft Excel.

Life wasn't rosy after starting my own business. I only managed to clinch a small project in the first year. While I could maneuver around Microsoft Excel at will, making use of different worksheet formulas and functions, even create a business model, when it came to sales, I was a novice. I had to learn to sell my services from scratch.



While I was working on my business, our first daughter was born. Our new house came. The bills piled up and our savings were quickly depleting.



I was prepared to work on plan B, driving a taxi, to substantiate our income. A few projects came along, but they were barely enough to make ends meet. The business profit was not even a quarter of the salary for the job I was offered when I was retrenched. By then, Ruth and I agreed that if this still wouldn't work out after three years, it was better for me to get back into the RAT race.



A few months before the three years was up, I prayed, “Lord, I believe that the two dreams were visions from you and you wanted me to come out to do my own business. Please prosper me in my steps.

“I trust that the door you have opened will not close and the door you have closed can never be opened.”

"Then I will set the key of the house of David on his shoulder,
When he opens no one will shut, When he shuts no one will
open. **Isaiah 22:22**

If by the end of the third year, things don't pick up, I would have to accept that the vision I had was wrong and give up this business. It is now all in your hands.

Guess what?

Not long after the prayer, sales began to pick up. It was not due to my own effort because I didn't do anything different and I did nothing to improve the sales. Customers contacted me themselves. People just signed up for my courses. Within a short time, I began to earn more than my last drawn salary, and things were getting better and better. I got more jobs as an Excel trainer, and was paid ten times more than a typical Excel trainer! It was the Lord who provided for me. I thank the Lord for the INVISIBLE BRIDGE.

Nineteen years have passed since I started the business. Today, I am still running it. And all I took was a step of faith. Do not be limited by what you see.

A step of faith



Only when you take that very first step, then you would be able to see where it leads you to.

Even if you take the wrong step, God will guide you back to the original path He has planned for you.

Remember, what God opens, no one can shut, and what he shuts no one can open.

What are dream stealers?

You have a dream, whether it is to start your own business, write a book, start a blog, travel around the world or to help the poor. Whatever that dream is, it is not fulfilled yet. And it remains a dream because it is something you have wanted to do for a long time but was “stolen” by dream stealers.

Dream stealers could be yourself who doubt your own ability, your work which eats up all your time, family members who require your attention, friends who laugh at your dreams, your ego, the fear of failure, etc.

Whatever that is, it is causing you to put off the plan to start making your dream come true. I have come up with 21 strategies to help you make your dream come true. Take the step of faith and do it just like what I have done in my invisible bridge story.

21 Powerful Strategies to Break Free from Dream Stealers

Strategy 1: Get yourself a coach



I just attended the [Affiliate Superstar Boot camp](#) conducted by Yee Shun Jian. At the end of the course, we were asked to find a classmate and sign a “contract” with him/her declaring that we will implement our plans within a certain time. Privately, a few of us formed a group so that we could help one another in our progress.

While I was writing this ebook, I met Rose, a member of the group. I asked her how she was progressing with her ebook.

She said she was very busy and planned to start her ebook in the second half of the year (our course was completed in Mar 2019). I told her “Don’t wait; start thinking about your story now, even if it is just 5 mins a day, do it. It could be 5 minutes from your meal time, on the journey to work, from your TV program, whatever it is.” I shared with her that I have no time too. I have so many things on hand that I am not getting the sleep I wanted. But I was determined to work on it and saying there was no time was not an excuse. Hoping that she would be able to push through and not give up halfway, I planned to ask her about the progress of her ebook whenever I meet her.

The key strategy is to find someone whom you meet regularly, like once a week or every fortnight. That someone should not be too close to you. Someone who is not afraid to frustrate or anger you and see it as his/her responsibility to make you fulfill your dream. If you can’t think of anyone, you could also pay someone to be your coach to check on you.

I hope that with this strategy, your dream could be fulfilled much earlier than you have planned.

Strategy 2: Write to yourself



The second strategy is to create your plan to fulfill your dream and identify milestones that can be used to check on your progress. Then write an email to yourself at the specific date (like one month from now) for the 1st milestone, another date for the second milestone, etc. There is a portal called <https://www.futureme.org/> which will help to send the email on your behalf to yourself and check on the status of the milestone. The emails are reminders to yourself that you need to work on your dream. We tend to forget things after some time. So sending emails to yourself is a strategy to remind you to fulfill your dream.

Alternatively, you can write a message to yourself. Schedule it one month from now and question yourself whether you have started on your dream. Then write another email one month later and question yourself again. In this way, you are reminded to keep on course to fulfill that dream of yours.

Strategy 3: Find a group



Did you find yourself inspired and motivated when you were in a group (like a class) and they had completed more than you? You are likely to find yourself wanting to catch up with them, and sometimes, wanting to overtake them. If you can identify with this, here's what you may want to do.

Find a group of like-minded friends, contacts who are also working on their dreams. The dreams do not have to be the same. The phase would be similar for all dreams. Getting started, planning, putting it into action, etc. Update one another on your progress and inspire one another to fulfill their dreams.

Strategy 4: Prioritize your activities



All of us have 24 hours. Nobody has more and nobody has less. When you say you have no time, you are basically saying that out of the 24 hours you have; all the hours are filled up with activities which are more important than your dream. You could be spending time watching movies, doing housework, etc. You have placed these activities as your priority, and you believe that they are important. This dream of yours is less important. This is how you lined up your activities. Re-prioritise your activities and get rid of the less important ones. I am sure you can move your dream up on your priority list, and it can get the attention it deserved.

Strategy 5: Multiply your time and have more than 24 hours a day (Part 1)



When I am mopping the floor at home, I was doing an activity without much thinking. Mopping the floor is a routine and I am “programmed” to mop from one end of the house to another. That means I can use my brain to think about work while I am mopping the floor. This is multi-tasking.

Out of the 24 hours, we use about 8 hours for sleeping. For some, less. As for me, I could occasionally dream of solutions for problems I face and ideas as well. I believe they are God-given answers. For the remaining 16 hours, you could multi-task and multiply the hours by doing one thing and thinking of another thing at the same time.

Apply this strategy, and you can unlock the 24 hours limit so that you can carve out time to fulfill your dream.

PS: Please don't multitask when you are doing something that requires your concentration, like horseback riding.

Strategy 6: Multiply your time and have 48 hours a day (Part 2)

A good part of our day is spent on manual activities such as cleaning the house and buying food. These activities, like house cleaning, can be removed by engaging a part-time domestic helper. Alternatively, you can buy a robot vacuum cleaner which will automatically clean your house every day without mood swings. It keeps your house clean as well. As for food, we are now spoilt for choice. We can order food online and have them delivered to our doorsteps. This means that you can have time now to work on your dreams. No more excuses.

Strategy 7: Learning to say NO.



"Many of us also struggle to go after the things that we want in life because we are too busy worrying about pleasing others. We're so busy saying yes to invitations that we don't really want to go and spending money on things that we think we should own, that we don't have the resources left to spend on things that really matter to us."

Author unknown

At work, you may be asked to help out with some activities or even on a personal level, friends may ask you for your help in some events. And if you are the type who will always feel obligated to say yes, then learn to give a reason and say no. You will realize that the fear that caused you to say "Yes" all

the time will disappear instantly. For me, I choose to say No to some gatherings, some help from friends, and so on.

Strategy 8: Mute your Social media group



When I first started using WhatsApp, all the groups' notification were turned on. Whenever I heard the phone “ding”, I would look at what message has come in and respond quickly. It was good to be kept updated and offered help whenever I can. In return, the group would help me whenever I had a problem or need information. This help-one-another acts brought the group closer. It was good. I tried to replicate the same behavior in other groups, and it worked perfectly well. But the problem was, the number of groups grew. More and more time was spent on WhatsApp answering the questions.

In the end, I found myself consumed by the messages and spent hours on WhatsApp (for your case, it could be any social media apps). My other stuffs were neglected. That's when I decided that it's time to take a back seat in some of the groups. After all, as the groups grew in size, other members can contribute too.

Mute some of the less important groups. Read/Scan through the messages at specific hours so that you are still kept in the loop in what's going on. You will find that you will have more time to yourself and are one step nearer to fulfilling your dream.

Strategy 9: Divide your dream into smaller goals



Your dream is a big project that usually cannot be completed in a short period of time. And if you just look at the dream, it would look like it is not achievable at all. But if you identify the stuff you need to do and set up milestones, you will definitely find it easier to reach one of the milestones. And when you do, you will find encouragement, and it should spur you on. If it is a dream, I assume it is

something big, and you will need some time to fulfill it. When it is something that you can't fulfill immediately because of

the big gap between where you are right now and your dream.

Strategy 10: Take a shot at it



All of us play different roles in different environments, at home, at work, with friends, etc. Nobody other than yourself knows yourself. And I must say that we are always learning new things, gaining experience. If you don't have the right experience or skill yet, don't worry, you can learn. Take the first step and give it a shot; you will have a greater chance of success if you try. Just like my invisible bridge dream and taking the first step on it. Without that first step, I would not

be where I am now. If you don't try, you have zero chance of success. Just do it.

"It's okay to be scared, but you have to get out there, open up, love, make mistakes, learn, be stronger, and start all over again. All our dreams can come true if we have the courage to pursue them."

Walt Disney

Strategy 11: Take Responsibility for your dream



Your dream is just a wish that you hope to fulfill one day. Nobody is going to blame if you do not fulfill your dream in ten, twenty years from now. No pressure at all. But perspective change when you take responsibility for your dream.

This means that if your dream is not fulfilled, you are to blame. And you won't want to be blamed, right? And if I am right, you will want to work on your dream and make sure that you can avoid being blamed for not fulfilling your dream.

Strategy 12: Breakthrough your limits



Imagine you are asked to climb the highest mountain on earth, Mount Everest. What is your first reaction?

“I have never climbed a mountain before; so I don’t think I could.”

You will probably stop at that comment, right? That’s because you find that it is a huge task and you are not going to achieve it with where you are now. That is the limit you have placed on yourself. And the same thing could be happening to your dream. You are not going to fulfill your dream right now because you lack the skills and the resources. But if you acquire the skills and resources starting from today, do you think you can fulfill your dream? If you agree with me, take stock of your limits and push it further. You are one step closer to fulfill your dream.

Strategy 13: Ignite the passion in you



Without passion, you can't create amazing quality. You must love what you are doing. I believe your dream is likely to be something that you feel strongly about and would bring you joy when it is fulfilled. That means you are passionate about it too. Enjoy the journey of getting your dream fulfilled. It will sustain you from the start to the end, and you are likely to put in 110% of your effort into it. Ignite the passion in you now. You will love the entire journey of fulfilling your dream.

Strategy 14: Think Big



Compare the 2 scenarios.

Scenario 1: You aim to make \$50K in your first year of work, and you made it.

Scenario 2: You aim to make \$1 million in the first year of work and you only manage to hit 10% of your target.

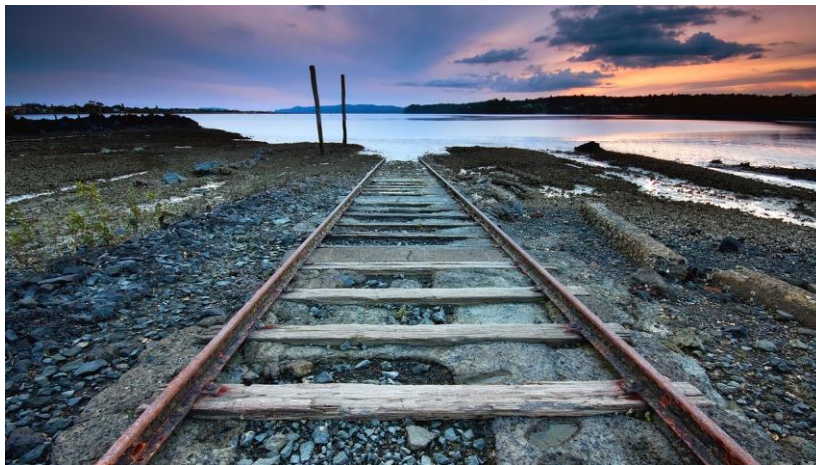
Which scenario has a better outcome?

I hope you choose scenario 2. You make \$100K instead of \$50K in scenario one which makes you only \$50K.

Many of us rein in our dreams and goals because we are afraid that aiming too high will make us disappointed and looked foolish among our friends. But in reality, when we

have a big dream, you will inspire the people around you, and they are more likely to listen and help you. Excite the people around you with your big dream.

Strategy 15: Keep Trying



We are brought up to think that failure is bad. People will look down on us. That's not true. Look at Thomas

Edison. He failed 1000 times before he invented the light bulb. What we saw as failures, Thomas Edison saw the 1,000 attempts as 1,000 steps. What about you?

“Remember your dreams and fight for them. You must know what you want from life. There is just one thing that makes your dream impossible: the fear of failure.”

Paulo Coelho

The path towards fulfilling your dream may not be smooth, and it could be filled with obstacles that may take multiple attempts to overcome. So long as you keep trying, you will be able to fulfill your dream. Keep going.

Strategy 16: Visualise the scene of your dream comes true



Out of sight, out of mind. According to Joe Vitalie's three-days rule, you need to draw what you visualize and look at it. It is scientifically proven that your brain can condition you to think positively and program you for success. Create a visual representation of your dream come true. Put yourself in the picture. Paste it on your wall. Look at it every day. Visualise

yourself in the outcome you dream about. You are on your way to fulfill your dream.

Strategy 17: Don't keep changing your mind



Most people have difficulty fulfilling their dreams because they keep changing their mind. It could be as simple as thinking that their dream is impossible to fulfill and stop thinking about it. Or it could be that something better come along, and they decided to change. If you are one of them, then it is important to know that when you change your mind, you start all over again. If that is the case, guess what happened in the end? Your dream will not come true.

I wasn't conscious about this too until I was told (in Joe Vitalie's 3-days rule) that we constantly visualize ourselves doing this and doing that. Now that I know, I am going to stay focused and look at the picture of my dream being fulfilled.

Join me. Grab hold of your dream, put it on paper and keep working on it. Your dream is coming true soon.

Strategy 18: Read to find out all ways to achieve your dream



Reading is one of the ways you can get a head start to work on your dream. By finding out the different ways to achieve your dream, you are in a better position to know what works and what doesn't work for you.

"Hold fast to dreams, for if dreams die, life is a broken-winged bird that cannot fly."

Langston Hughes

Strategy 19: Focus on one journey.



There may be many ways to fulfill your dream. Choose one way and keep working on it. Trying to work on your dream with multiple ways may look like a logical way to spread the risk of failure. The problem is spreading your resources too thin might slow down your progress or in worst case scenario, stop you from reaching your goal. Give your chosen method time to work out.

Strategy 20: Observe and learn from others' mistakes

Most people will tell you to learn from your own mistakes. For me, I would love to do something extra: learn from people's mistake. It is like seeing somebody got burnt by a match fire. Do you try it to make sure that you too get burnt?

No, right? You learn from the person's mistake and save yourself some pain. The same strategy should be applied to fulfill your dream. Learn from the mistakes of others and be on the road to fulfill your dream with fewer failures.

Strategy 21: Increase your chance

How many times did you see a team that played a defensive game win the championship? The chances are low. The team lost when the opponent scored 1 point...

Just like in my invisible bridge dream, my dream stealer was myself, fearing that I will fall off the building, held me back from taking the step of faith onto the invisible bridge.

More Quotes to Deal with Fear

"FEAR - Face Everything And Rise"

"Let your faith be bigger than your fear"

"You gain strength, courage, and confidence by every experience in which you really stop; to look fear in the face. You are able to say to yourself, 'I lived through this horror. I can take the next thing that comes along.'"

Eleanor Roosevelt

"I've learned that fear limits you and your vision. It serves as blinders to what may be just a few steps down the road for you. The journey is valuable, but believing in your talents, your abilities, and your self-worth can empower you to walk down an even brighter path. Transforming fear into freedom - how great is that?"

Soledad O'Brien

"Don't let fear or insecurity stop you from trying new things. Believe in yourself. Do what you love. And most importantly, be kind to others, even if you don't like them."

Stacy London

"The key to growth is acknowledging your fear of the unknown and jumping in anyway."

Jen Sincero

"Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy."

Dale Carnegie

“Remembering that I'll be dead soon is the most important tool I've ever encountered to help me make the big choices in life. Because almost everything - all external expectations, all pride, all fear of embarrassment or failure - these things just fall away in the face of death, leaving only what is truly important.”

Steve Jobs

“It's important to celebrate your failures as much as your successes. If you celebrate your failures really well, and if you get to the motto and say, 'Wow, I failed, I tried, I was wrong, I learned something,' then you realize you have no fear, and when your fear goes away, you can move the world.”

Sebastian Thrun

“You just have to get rid of fear and confront the world. Look at yourself in the mirror and say to yourself, 'I love you, and nothing will destroy you and you're not going to fall.’”

Ricky Martin

More Quotes to Deal with Obstacles/Barriers

"God will open new doors."

Author Unknown

"No matter what you do, there will be someone who will criticize you. Take the step of faith and do it."

Author Unknown

"Don't let it break you. No matter how hard it gets, life goes on."

Author Unknown

"I can't but God can."

Author Unknown

"People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, make them."

George Bernard Shaw, Mrs. Warren's Profession

“Always listen to experts. They'll tell you what can't be done, and why. Then do it.”

Robert A. Heinlein, Time Enough for Love

“The greater the obstacle, the more glory in overcoming it.”

Molière

“Many times we are our worst enemy. If we could learn to conquer ourselves, then we will have a much easier time overcoming the obstacles that are in front of us.”

by Stephan Labossiere

“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.”

Harriet Tubman

More Quotes to Deal with Procrastination

“Don’t start your day with broken pieces of yesterday. Today is the first day of the rest of your life!”

Author Unknown

“If you are persistent, you will get it.”

Author Unknown

“Don't think about what can happen in a year. Don't think about what can happen in a month. Just focus on the 24 hours in front of you and do what you can to get closer where you want to be.

You may delay, but time will not, and lost time is never found again.”

Benjamin Franklin

“Never put off for tomorrow, what you can do today.”

Thomas Jefferson

“The habit of always putting off an experience until you can afford it, or until the time is right, or until you know how to do it is one of the greatest burglars of joy. Be deliberate, but once you’ve made up your mind—jump in.”

Charles R. Swindoll

“The best way to get something done is to begin.”

Author Unknown

Quotes to Encourage and Bless You

Some quotes to encourage you further.

- Live your dream.
- Don't give up.
- The best way to predict the future is to create it.
- I'm not stopping until I manifest everything I said I would
- Faith does not make things easy; it makes them possible
- Take the risk or lose the opportunity.
- I am in control of my thoughts, feelings and choices
- I have the power to create change
- I am taking steps to make my dreams a reality
- I can achieve anything I set my mind to
- I am blessed with a wonderful family and amazing friends

- I deserve the best, and I accept the best
- I am talented and intelligent
- You cannot change the past to have a better present, but you can change your present to have a better future.
- Life may be tough, but I've got a GOD that's tougher

Resources

Did you enjoy reading the eBook and pick up two to three strategies to break free from Dream Stealers?

Below are some more resources which might help you make your dream come true earlier than you expect.



"The Strangest Secret About Successful People..."

"Formerly desperate man uncovers 1 weird "mind trick" to wash away bad habits, and achieve personal & financial freedom ... all without effort or willpower!"

[>> Click Here Now For The Full Inside Story! <<](#)



Manifestation Miracle

Use this manifestation kit to magnetically attract a Life of Success and Abundance



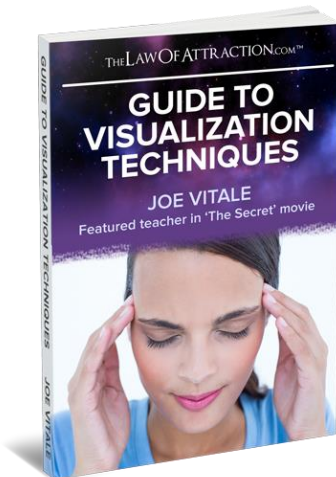
Procrastination Pro – 21 Day System to stop procrastinating

Procrastination is one of the dream stealers. Join this 21-day program to stop procrastinating and pursue your dreams.



Mind Realty

The creation of your ideal reality by manifesting your perfect dream.



Guide to Visualization Techniques

- Teach you how to control your visualizations, and make them precise and positive.
- Show you how to turn a negative situation into a positive one, in no time.